



IF you don't **KETCH-UP**
with your health problems ...
IF you feel french **FRIED** wherever you turn,
IF your **BUNS** are getting toasted ...
you'll think you need **MAYO** clinic ...
better yet, just **MUSTARD** up the courage
to **MEAT** us at our new website:

www.healthCHOICESnow.com

(same name, new look and feel)
(yep, even better than a Memorial Day cookout!)

You're busy, we know - a lot of plans to get done for this weekend to have all the fun you hope for. So we won't take long to **introduce you to our new web presence.**

For years, we've known we want to share **LOTS** more information. BUT we wanted to make it **easy** and **fun** for you to browse what interests you. Well, we finally feel we're **closer** to getting' it right!

Some folks wonder why we don't name it ...

www.DrTisthebestdoctorever.com

or

www.YouGottaGoHereAndNowhereElse.com

or

some other vanity names, like www.HoustonsFinestAntiAgingClinic.com ...

Our reasoning is simple ...

If you don't know that you really **DO have**

health CHOICES now ...

THEN YOU DON'T HAVE ANY!

So ... ALL of our site is devoted to educating YOU, sharing perspectives with YOU in a way that is easily understandable, because "medical care" shouldn't be confusing and

magical, it should make common sense.

Over the next many weeks, we'll be loading more and more information onto our site - whatever your problems, we've very likely got solutions. Really. And really GOOD solutions.

Because **we've devoted a career - a lifetime - to learning HOW people get sick and WHAT choices they have to restore better health ... NOW!**

People usually misunderstand when we say that we help with MOST problems. It's not that we're a big-box clinic downtown with dozens of specialists. It's not that we're smarter than the others combined. It's simply that we understand the roots, the causes, of many degenerative diseases (yep, just name the system, name the problem or diagnosis) and THAT is what we aim to help ... the innate healing in your body takes over and does the rest.

Be SURE you watch this **LifeForce** enewsletter for soon-to-come **contests** with valuable prizes we *KNOW* you would enjoy - just for helping us to make this website meet your needs even better.

Meanwhile, **bookmark** our website address:

www.healthCHOICESnow.com

Email and otherwise **share** it with your family and friends:

www.healthCHOICESnow.com

and ALWAYS remember that **you can ask us your questions**, because you really **DO** have

www.healthCHOICESnow.com

Please ... drive **safely** ... swim **safely** ... party **wisely** ... and have a
WONDERFUL MEMORIAL DAY!

And pause to reflect on our freedoms and blessings -
and the lives freely given to preserve those for our enjoyment.

Whenever you travel, thank a soldier when you see them -
they're on the way to where you won't want to go.

My father, Lt. Colonel John Parks Trowbridge, United States Air Force (Retired), is 94 and living independently and well in California. He flew the stunningly beautiful B-36 bomber during the earliest years of the Cold War - she truly was *"the Peacekeeper."* He also was deputy in intelligence at Roswell in 1947 ... stop by our Reception Lobby to read his very interesting Affidavit!

Thanks, Dad, for working to make a safer world for all of US!



Texas Fun-Fact to Share: *Have fun!* - Texas has a total of 6,300 square miles of inland lakes and streams, second only to Alaska. (But they stay cold a lot of the time ... we can go to Colorado anytime we want!)
